

December

Sexton Hall Activity Calendar

2025

ART CLASSES & WORKSHOPS			FITNESS			CLUBS & CARDS		
MON	Clay & Glaze Intermediate/Skilled* Nov 17 - Dec 15 Noon - 3 p.m.	Explore on a Canvas Board* December 15 9 - 11 a.m.	MON	No Fitness classes the week of Dec 22 - 26		MON	Bagel Boys 10:30 - noon	
	Rosemary Soap* December 8 9:30 - 11:30 a.m.	Crafty Creations - Santa Seashells December 22 9:30 - 11 a.m.		Fitness Foundations 8:45 - 9:30 a.m.	Restore Your Core - Level 2* Nov 10 - Dec 15 9:45 - 10:45 a.m.		Restore Your Core - Level 1* Nov 10 - Dec 15 11 a.m. - noon	Social Bridge Noon - 4 p.m.
TUE	Clay & Glaze Intermediate/Skilled* Nov 18 - Dec 16 9 a.m. - noon	Crafty Creations - Holiday Paintbrush Decor December 9 1:30 - 3 p.m.	TUE	Circuit Training 8:45 - 9:30 a.m.	Beginner Line Dancing* Nov 18 - Dec 17 1:30 - 2:30 p.m.	TUE	Mah Jongg Noon - 4 p.m.	
	Clay Wrap-up Workdays December 2 Noon - 1:30 p.m.	Jewelry Box Workshop* December 23 10 a.m. - noon		Intro to Line Steps* Nov 18 - Dec 17 12:45 - 1:30 p.m.	Intermediate Line Dancing* Nov 18 - Dec 17 2:30 - 3:30 p.m.		Book Club (No meeting in December)	
WED	Clay & Glaze Intermediate/Skilled* Nov 19 - Dec 17 10 a.m. - 1 p.m.	Clay Wrap-up Workdays December 17 1 - 2:30 p.m.	WED	Fitness Foundations 8:45 - 9:30 a.m. (No class Dec 10)	Seated Strength Training 9:45 - 10:30 a.m. (No class Dec 10)	WED	Pinochle Noon - 4 p.m.	
	Bisqueware Projects* December 3 1:30 - 3:30 p.m.	Clay & Glaze Basics December 22 1 - 2 p.m.		Double Trouble Mystery Workout Dec 17 2 - 3 p.m.			Common Grounds 10 - 11:30 a.m. (No meeting Dec 24)	
THU	Intermediate Acrylics - Holiday Lights & Decor* Nov 13 - Dec 18 10 a.m. - 1 p.m.	Come and Go Art December 4 & 18 10:30 - 11:30 a.m.	THU	Flex & Balance 8:45 - 9:30 a.m. (No class Jan 1)	Intro to Drumming Dec 11 10:45 - 11:15 a.m.	Flex & Balance 1:45 - 2:30 p.m. (No class Jan 1)	THU	Canasta Noon - 4 p.m. (No games Dec 18, 25 & Jan 1)
FRI	Intermediate Acrylics - Holiday Lights & Decor* Nov 14 - Dec 19, 10 a.m. - 1 p.m.		FRI	Power Fit 8:45 - 9:30 a.m.		FRI	Members Only - Open Building Noon - 4 p.m.	



LIFELONG LEARNING CLASSES

COMMUNITY & GARDEN

SPECIAL EVENTS

MON	Mobile Health Apps December 15 10 - 11:15 a.m.		Meet the Musician December 22 2:15 - 3 p.m.		MON	Holiday Cheer Ideas Monday, December 1 10 - 11:30 a.m.		Sounds of Sawnee Concert Band Presents: Holiday Concert Sunday December 7 3 - 5 p.m. Member Appreciaton Holiday Gathering Wednesday December 10 Noon - 2 p.m. Atlanta Concert Ringers Presents: Jingle & Jazz - A Holiday Handbell Concert Saturday December 13 3 - 4:30 p.m.
TUE	Intro to the Dulcimer Oct 7 - Dec 16 10 - 11:30 a.m.	Tech: Monthly Q & A December 2 Noon - 12:30 p.m.	Intro to AI December 9 10 - 11:15 a.m.	<div>STAY <i>IN THE</i> KNOW</div> <div>Visit our website: www.forsythco.com/seniors</div> <div>Request the weekly email announcements: seniorservices@forsythco.com</div> <div>Follow us on Facebook: facebook.com/forsythcountyseniorservices</div>				
	Gut Brain Connection December 9 12:15 - 1 p.m.	Mindfulness Apps December 23 10 - 11:15 a.m.	Intro to Chatting with AI December 30 10 - 11:15 a.m.					
WED					<div>FORSYTH COUNTY SENIOR SERVICES</div> <div>Holiday Giving</div> <div>PROGRAM</div> <div>For more information, call (770) 781-2178 or visit seniorservices@forsythco.com</div>			
THU	Understanding Leg Health December 11 12:15 - 1 p.m.	Prepare to Rightsize December 18 12:15 - 1 p.m.		<div>Center Closure Dates:</div> <div>Wednesday, December 24, Thursday, December 25 & Thursday, January 1.</div> <div>Centers close at 1 p.m. on December 18.</div>				<div>Membership Benefits</div> <div>Annual Membership includes access to our two locations, each providing unique programming.</div> <div>Annual membership is \$60 for individuals, \$40 for each additional household member.</div>
								*See newsletter for pricing

