


ART CLASSES & WORKSHOPS			FITNESS			CLUBS & CARDS		
MON	Clay & Glaze Intermediate/Skilled* October 6 - November 3 Noon - 3 p.m.	Crafty Creations - Skeleton Cork Face October 20 9:30 - 11 a.m.	MON	Fitness Foundations 8:45 - 9:30 a.m.			MON	Bagel Boys 10:30 - noon
	Explore on a Canvas Board* October 13 9 - 11 a.m.	Clay & Glaze Basics October 27 9 - 10 a.m.		Restore Your Core - Level 2* Oct 6 - Nov 3 9:45 -10:45 a.m.	Restore Your Core - Level 1* Oct 6 - Nov 3 10:45 -11:45 a.m.	Social Bridge Noon - 4 p.m.		
TUE	Clay & Glaze Intermediate/Skilled* October 7 - November 4 9 a.m. - noon	Beginner Acrylics* October 21 2 - 3:30 p.m.	TUE	Circuit Training 8:45 - 9:30 a.m.	Beginner Line Dancing* Oct 7 - Nov 4 1:30 - 2:30 p.m.		TUE	Golden Gals 1 - 2 p.m.
	Crafty Creations - Puzzle Pumpkins October 7, 1:30 - 3 p.m.	Clay Wrap-up Workdays October 28 Noon - 1:30 p.m.		Intro to Line Steps* Oct 7 - Nov 4 12:45 - 1:30 p.m.	Intermediate Line Dancing* Oct 7 - Nov 4 2:30 - 3:30 p.m.			Mah Jongg Noon - 4 p.m.
WED	Clay & Glaze Intermediate/Skilled* October 8 - November 5 10 a.m. - 1 p.m.	Bisqueware Projects October 8 1:30 - 3:30 p.m.	WED	Fitness Foundations 8:45 - 9:30 a.m. (No class Oct 15 & 22)	Seated Strength Training 9:45 - 10:30 a.m. (No class Oct 15 & 22)		WED	Book Club 2:30 - 3:30 p.m. October 15
	Clay Wrap-up Workdays October 15 1 - 2:30 p.m.			Double Trouble Mystery Workout October 22, 2 - 3 p.m.				Pinochle Noon - 4 p.m.
THU	Come and Go Art October 2 & 9 10:30 - 11:30 a.m.	Intermediate Acrylics - Nature's Bounty* October 9 - November 6 10 a.m. - 1 p.m.	THU	Flex & Balance 8:45 - 9:30 a.m. (No class Oct 9)	Intro to Drumming Oct 16 & 30 10:45 - 11:15 a.m.	Flex & Balance 1:45 - 2:30 p.m. (No class Oct 9)	THU	Common Grounds 10 - 11:30 a.m. Canasta Noon - 4 p.m.
FRI	Intermediate Acrylics - Nature's Bounty* October 10 - November 7 10 a.m. - 1 p.m.		FRI	Power Fit - <i>NEW!</i> 8:45 - 9:30 a.m. (No class Oct 10)			FRI	Members Only - Open Building Noon - 4 p.m.



October		Sexton Hall Activity Calendar		2025	
LIFELONG LEARNING CLASSES			COMMUNITY & GARDEN	SPECIAL EVENTS	
MON	Ciao Italia! A Fun Start to Italian with Antonella September 8 - October 13 11:30 a.m - 12:30 p.m.		Meet the Musician October 27 2:15 - 3 p.m.	MON	Body Mechanics for Tilling our Gardens Monday, October 6 10 - 11:30 a.m.
	Managing Privacy Settings on your Android Phone October 7 10 - 11:15 a.m.		Intro to the Dulcimer Oct 7 - Dec 16 10 - 11:30 a.m.		Tech: Monthly Q & A October 7 Noon - 12:30 p.m.
TUE	Online Tools for Contacting Your Lawmakers October 14 10 - 11:15 a.m.		Sugar Busters October 21 12:15 - 1 p.m.	THU	Fire Safety October 16 12:15 - 1 p.m.
	AARP Safe Driver™* October 15 9 a.m. - 4 p.m.		Learn Your Library October 15 1 - 2 p.m.		Medicare Open Enrollment October 15 12:15 - 1:15 p.m.
WED	Getting Started with Facebook October 9 Noon - 1:15 p.m.		Mobility Matters October 30 12:15 - 1 p.m.	<div>Savvy Senior Empower Your Financial Wellness Journey Wednesday, October 22 8:30 a.m. - 12:30 p.m. Advance registration required. Continental breakfast provided <u>Held at Forsyth Conference Center</u> 3410 Ronald Regan Blvd. Cumming, GA 30040</div>	
	Managing Privacy Settings on an iPhone October 16 1 - 2:15 p.m.		Technology for Aging in Place October 30 1 - 2:15 p.m.		
THU				OUTDOOR ADVENTURE	
				Outdoor Archery* Friday, October 17 • 1 - 3 p.m. <u>Meet at Sexton Hall</u>	
				TRIPS	
				Oakland Cemetery* Wednesday, October 1 8:45 a.m. - 3 p.m.	
				Blue Ridge Scenic Railroad* Friday, October 24 7:30 a.m. - 4:30 p.m.	
				<u>Membership Benefits</u> Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$60 for individuals, \$40 for each additional household member.	
				*See newsletter for pricing	
<div><div></div><div>Sexton Hall 2115 Chloe Road Cumming, Georgia 30041 Forsyth County Senior Services (770) 781-2178 www.forsythco.com/seniors</div></div>					