








October

Sexton Hall Activity Calendar

2023

	ART CLASSES & WORKSHOPS	FITNESS	LIFELONG LEARNING CLASSES	CLUBS, CARDS & COMMUNITY	EVENTS & MORE
MON	<b>Members Only Art</b> 9:30 - 11 a.m. October 9 & 23 <b>Clay &amp; Glaze Intermediate/Skilled</b> Noon - 3 p.m.	<b>Fitness Foundations</b> 9 - 9:45 a.m.  <b>Tai Chi &amp; Stretch</b> 11:45 a.m. - 12:30 p.m.	<b>Celebrities Who Have Passed without a Will</b>   1 - 2 p.m., October 3 <b>Hard of Hearing Presentation</b> 10:30 - 11:30 a.m., October 17 <b>Free Your Photos</b> 10:30 a.m. - noon September 26 - October 31 <b>Poisonous Plants Presentation</b>   1:30 - 3 p.m., October 31	<b>Bagel Boys</b> 10:30 - 11:30 a.m. <b>Social Bridge</b> Noon - 4 p.m. <b>Golden Gals</b> 1:15 - 2:15 p.m.	<b>Secondhand Sale &amp; Document Shredding Event</b> 9 a.m. - noon Saturday, October 14  <b>Halloween Party</b> 11:30 a.m. - 1:30 p.m. Friday, October 20  <b>Breakfast with State Legislators</b> 8:30 - 10:30 a.m. Wednesday, October 25  <b>Exotic Bird Show</b> 1:30 - 2:30 p.m. Wednesday, October 25  <b>October Twilight - A Spirited Symphony</b> 3 - 5 p.m. Sunday, October 29
	<b>Clay &amp; Glaze Intermediate/Skilled</b> 9 a.m. - noon <b>Beginner Painting &amp; Drawing</b> 9 a.m. - noon October 17 & 24	<b>Circuit Training</b> 10:30 - 11:15 a.m.  <b>Improver/Intermediate Line Dancing</b> 12:45 - 1:45 p.m. September 12 - October 31  <b>Beginner Line Dancing</b> 2 - 3 p.m. September 12 - October 31			
<b>Clay &amp; Glaze Intermediate/Skilled</b> Noon - 3 p.m. (No class October 4)		<b>Free Your Photos</b> 10:30 a.m. - noon September 26 - October 31 (No class October 5)  <b>AARP Driver Safety</b> 9 a.m. - 4 p.m. October 5  <b>How to Engage Someone with Dementia</b>   1 - 2 p.m. October 12  <b>Medicare Open Enrollment</b> 12:30 - 1:30 p.m., October 19	<b>Pinochle</b> Noon - 4 p.m. <b>Book Club: To Thine Own Shelf Be True</b> 2:30 - 3:30 p.m. October 18		
<b>Clay &amp; Glaze Basics</b> 9:30 - 10:30 a.m. October 5 <b>Intermediate Acrylic Painting - Fall Hikes</b> 12:30 - 3:30 p.m. September 14 - October 26			<b>Fitness Foundations</b> 9 - 9:45 a.m. (No class October 25)  <b>Intro to Seated Strength Training</b> 11:45 a.m. - 12:30 p.m.	<b>Common Grounds Social Club</b> 10:30 a.m. - noon <b>Canasta</b> Noon - 4 p.m.	
<b>Members Only Art</b> 1:30 - 3 p.m. October 6  <b>Open Art Studio</b> 9:30 - 11:30 a.m. October 13 & 27	<b>Flex &amp; Balance</b> 1:30 - 2:15 p.m.	<b>Members Only - Open Building</b> Noon - 4 p.m.	<b>HIKES</b> <b>Bear Creek Loop - Ellijay</b> Meet at 8 a.m. at Central Park Wednesday, October 11  <b>Little Mulberry - Dacula</b> Meet at 8 a.m. at Sexton Hall Wednesday, October 25		
FRI				<b>TRIPS</b> <b>Folk Pottery Museum with Lunch &amp; Shopping in Helen</b> 9 a.m. - 3 p.m. Wednesday, October 4  <b>Blue Ridge Scenic Railway</b> 7:30 a.m. - 3:45 p.m. Friday, October 27	

