

September

Sexton Hall Activity Calendar

2025

ART CLASSES & WORKSHOPS			FITNESS			CLUBS & CARDS					
MON	Clay & Glaze Intermediate/Skilled* August 18 - September 29 (No class September 1) Noon - 3 p.m.		Crafty Creations - Fall Ribbon Flowers September 22 9:30 - 11 a.m.		MON	Fitness Foundations 8:45 - 9:30 a.m. (No class Sep 1)					
	Clay & Glaze Intermediate/Skilled* August 26 - September 30 9 a.m. - noon		Clay Wrap-up Workdays September 16 Noon - 1:30 p.m.			MON	Restore Your Core - Level 2* Aug 18 - Sep 29 9:45 -10:45 a.m. (No class Sep 1)		Restore Your Core - Level 1* Aug 18 - Sep 29 10:45 -11:45 a.m. (No class Sep 1)		
TUE	Crafty Creations - Beach Wreath Floral Wall Pocket September 9, 1:30 - 3 p.m.		Bisqueware Projects September 23 1:30 - 3:30 p.m.		TUE		Circuit Training 8:45 - 9:30 a.m.			Beginner Line Dancing* Aug 19 - Sep 30 1:30 - 2:30 p.m. (No class Sep 2)	
	Bisqueware Ornament Workshop September 30 1:30 - 3:30 p.m.					TUE	Intro to Line Steps* Aug 19 - Sep 30 12:45 - 1:30 p.m. (No class Sep 2)			Intermediate Line Dancing* Aug 19 - Sep 30 2:30 - 3:30 p.m. (No class Sep 2)	
WED	Clay & Glaze Intermediate/Skilled* August 27 - October 1 10 a.m. - 1 p.m.		Clay Wrap-up Workdays September 24 1 - 2:30 p.m.		WED		Fitness Foundations 8:45 - 9:30 a.m. (No class Sep 10)			Seated Strength Training 9:45 - 10:30 a.m. (No class Sep 10)	
	Brush & Beverage - Apple Adventures* September 10 1:30 - 3:30 p.m.					WED					
THU	Intermediate Acrylics - Grand Illusion* August 28 - October 2 10 a.m. - 1 p.m.		Come and Go Art September 4 & 18 10:30 - 11:30 a.m.		THU		Flex & Balance 8:45 - 9:30 a.m.			Intro to Drumming Sep 11 & 25 10:45 - 11:15 a.m.	
FRI	Intermediate Acrylics - Grand Illusion* August 29 - October 3 10 a.m. - 1 p.m.				FRI	Circuit Training 8:45 - 9:30 a.m.			Double Trouble Mystery Workout September 5, 2 - 3 p.m.		
						FRI					



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LIFELONG LEARNING CLASSES			COMMUNITY & GARDEN	SPECIAL EVENTS
MON	Ciao Italia! A Fun Start to Italian with Antonella September 8 - October 13 11:30 a.m - 12:30 p.m.		MON The Best Month in the Garden Monday, September 8 10 - 11:30 a.m.	Falling Leaves Bingo Wednesday, September 10 1 - 3 p.m.
TUE	Intro to the Dulcimer August 19 - September 30 10 - 11:30 a.m. (No class September 2)	Tech Tips for Disaster September 9 10 - 11:15 a.m.	TUE Fall Prevention Tips September 16 12:15 - 1 p.m.	Sounds of Sawnee Concert Band Presents: Pumpkins & Popcorn Concert Sunday, September 28 3 - 5 p.m.
	Protecting Personal Info September 2 10 - 11:15 a.m.	Cloud Storage September 23 10 - 11:15 a.m.	WED Dividing Your Daylilies & Preparing Them for Winter September 24 11 a.m. - 12 p.m.	TRIPS
	Skin Changes as You Age September 2 12:15 - 1 p.m.	Trail of Tears September 23 Noon - 1 p.m.	THU Fall Prevention - Balance Matters September 25 12:15 - 1 p.m.	Jaemor Farm/Tomato House Farm* Wednesday, September 3 9 a.m. - 3 p.m.
	Intro to Selling Online September 30 10 - 11:15 a.m.		Downtown Roswell* Wednesday, September 24 9 a.m. - 3 p.m.	
WED	Medicare Basics Ice Cream Social September 17 1 - 2 p.m.		STAY <i>IN THE</i> KNOW Request the weekly email announcements: seniorservices@forsythco.com Follow us on Facebook: facebook.com/forsythcountyseniorservices	
THU	Women's Cancer Prevention September 4 12:15 - 1 p.m.	Disaster Preparedness September 11 12:15 - 1 p.m.	OUTDOOR ADVENTURE	
	Tech: Monthly Q & A September 9 Noon - 12:30 p.m.	Understanding Cholesterol September 18 12:15 - 1 p.m.	Rock Wall Climbing/Zip Lining* Thursday, September 25 • 10 a.m. - 12 p.m. Meet at: Sawnee Mountain Preserve 4075 Spot Road, Cumming, GA 30040	
			Membership Benefits Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$60 for individuals, \$40 for each additional household member. *See newsletter for pricing	

