

ART CLASSES & WORKSHOPS

FITNESS

CLUBS & CARDS

MON	<p><b>Clay &amp; Glaze Intermediate/Skilled*</b> May 18 - June 29 Noon - 3 p.m.</p>	<p><b>Crafty Creations - Shell Butterflies</b> June 8 9:30 - 11 a.m.</p>	<p><b>Beginner Acrylics*</b> June 15 9:30 - 11 a.m.</p>	MON	<p><b>Fitness Foundations</b> 8:45 - 9:30 a.m.</p>	MON	<p><b>Bagel Boys</b> 10:30 - noon</p>
	<p><b>Clay &amp; Glaze Intermediate/Skilled*</b> May 19 - June 23 9 a.m. - noon</p> <p><b>Twilight Tuesday Art Sampler*</b> June 9 - 16 5:30 - 6:45 p.m.</p>	<p><b>Clay Wrap-up Workdays</b> June 2 Noon - 1:30 p.m.</p> <p><b>Crafty Creations - Rock People Cards</b> June 23 1:30 - 3 p.m.</p>	<p><b>Circuit Training</b> 8:45 - 9:30 a.m.</p> <p><b>Intro to Line Steps*</b> May 19 - June 23 12:45 - 1:30 p.m.</p> <p><b>Beginner Line Dancing*</b> May 19 - June 23 1:30 - 2:30 p.m.</p>		<p><b>Intermediate Line Dancing*</b> May 19 - June 23 2:30 - 3:30 p.m.</p> <p><b>Kickboxing for Older Adults*</b> May 12 - June 16 5:15 - 5:45 p.m.</p>		<p><b>Social Bridge</b> Noon - 4 p.m.</p> <p><b>Golden Gals</b> 1 - 2 p.m.</p>
TUE	<p><b>Clay &amp; Glaze Intermediate/Skilled*</b> May 19 - June 23 9 a.m. - noon</p> <p><b>Twilight Tuesday Art Sampler*</b> June 9 - 16 5:30 - 6:45 p.m.</p>	<p><b>Clay Wrap-up Workdays</b> June 2 Noon - 1:30 p.m.</p> <p><b>Crafty Creations - Rock People Cards</b> June 23 1:30 - 3 p.m.</p>	<p><b>Circuit Training</b> 8:45 - 9:30 a.m.</p> <p><b>Intro to Line Steps*</b> May 19 - June 23 12:45 - 1:30 p.m.</p> <p><b>Beginner Line Dancing*</b> May 19 - June 23 1:30 - 2:30 p.m.</p>	TUE	<p><b>Fitness Foundations</b> 8:45 - 9:30 a.m.</p> <p><b>Seated Strength Training</b> 9:45 - 10:30 a.m.</p>	TUE	<p><b>Mah Jongg</b> Noon - 4 p.m.</p>
	<p><b>Clay &amp; Glaze Intermediate/Skilled*</b> May 20 - June 24 10 a.m. - 1 p.m.</p> <p><b>Clay &amp; Glaze Basics</b> June 3 2 - 3 p.m.</p> <p><b>Clay Wrap-up Workdays</b> June 17, 1 - 2:30 p.m.</p>	<p><b>Bisqueware Projects - Turtle Box &amp; Dish*</b> June 10 1:30 - 3:30 p.m.</p>	<p><b>Flex &amp; Balance</b> 8:45 - 9:30 a.m.</p> <p><b>Intro to Drumming</b> June 11 &amp; 25 10:45 - 11:15 a.m.</p> <p><b>Flex &amp; Balance</b> 1:45 - 2:30 p.m.</p>		<p><b>Book Club</b> June 17 2:30 - 3:30 p.m.</p> <p><b>Pinochle</b> Noon - 4 p.m.</p>		
WED	<p><b>Clay &amp; Glaze Intermediate/Skilled*</b> May 20 - June 24 10 a.m. - 1 p.m.</p> <p><b>Clay &amp; Glaze Basics</b> June 3 2 - 3 p.m.</p> <p><b>Clay Wrap-up Workdays</b> June 17, 1 - 2:30 p.m.</p>	<p><b>Bisqueware Projects - Turtle Box &amp; Dish*</b> June 10 1:30 - 3:30 p.m.</p>	<p><b>Flex &amp; Balance</b> 8:45 - 9:30 a.m.</p> <p><b>Intro to Drumming</b> June 11 &amp; 25 10:45 - 11:15 a.m.</p> <p><b>Flex &amp; Balance</b> 1:45 - 2:30 p.m.</p>	WED	<p><b>Fitness Foundations</b> 8:45 - 9:30 a.m.</p> <p><b>Seated Strength Training</b> 9:45 - 10:30 a.m.</p>	WED	<p><b>Common Grounds</b> 10 - 11:30 a.m.</p> <p><b>Canasta</b> Noon - 4 p.m.</p>
	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 28 - July 2 10 a.m. - 1 p.m.</p>	<p><b>Come and Go Art</b> June 4 &amp; 18 10:30 - 11:30 a.m.</p>	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>		<p><b>Members Only - Open Building</b> Noon - 4 p.m.</p>		
THU	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 28 - July 2 10 a.m. - 1 p.m.</p>	<p><b>Come and Go Art</b> June 4 &amp; 18 10:30 - 11:30 a.m.</p>	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>	THU	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>	THU	<p><b>Members Only - Open Building</b> Noon - 4 p.m.</p>
	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 22 - June 26 10 a.m. - 1 p.m.</p>	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 22 - June 26 10 a.m. - 1 p.m.</p>	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>		<p><b>Members Only - Open Building</b> Noon - 4 p.m.</p>		
FRI	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 22 - June 26 10 a.m. - 1 p.m.</p>	<p><b>Intermediate Acrylics - Summer Vibes*</b> May 22 - June 26 10 a.m. - 1 p.m.</p>	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>	FRI	<p><b>Power Fit</b> 8:45 - 9:30 a.m.</p>	FRI	<p><b>Members Only - Open Building</b> Noon - 4 p.m.</p>
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LIFELONG LEARNING CLASSES

COMMUNITY & GARDEN

SPECIAL EVENTS

TUE	<p><b>Intro to the Dulcimer</b> April 7 - June 23 10 - 11:30 a.m.</p>	<p><b>Tech: Monthly Q &amp; A</b> June 2 Noon - 12:30 p.m.</p>	<p><b>Digital Tools for Brain Health</b> June 9 10 - 11:15 a.m. or 6 - 7:15 p.m.</p>
	<p><b>Intro to AI</b> June 2 11 a.m. - 12:15 p.m.</p>	<p><b>Outdoor Adventure Apps</b> June 2 5:45 - 6:45 p.m. or June 23 11 a.m. - 12:15 p.m.</p>	<p><b>Watching Videos on YouTube</b> June 16 11 a.m. - 12:15 p.m.</p>
	<p><b>Brain Health &amp; Aging</b> June 2 6:45 - 7:30 p.m.</p>		<p><b>Brain Training 101</b> June 16 6:45 - 7:30 p.m.</p>

MON	<p><b>Rose-Rosette Disease</b> June 1 10 - 11:30 a.m.</p>
FRI	<p><b>Daylily Society Presentation</b> June 12 <u>Presentation</u> 2:30 - 3:30 p.m. <u>Plant Sale</u> 3:30 - 4:30 p.m.</p>

<p><b>Daylily Show</b> Saturday, June 13 <u>Daylilies will be available for purchase</u> <b>11 a.m. - 3 p.m.</b> <u>The Daylily Show and judged exhibits</u> <u>will be open to the public</u> <b>1 - 3 p.m.</b></p>
<p><b>Sounds of Sawnee Concert Band Presents - Patriotic Concert</b> Sunday, June 28 3 - 5 p.m.</p>

WED	<p><b>Estate Planning</b> June 17 11 - 11:45 a.m.</p>
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 Visit our website:  
[www.forsythco.com/seniors](http://www.forsythco.com/seniors)  
 Request the weekly email announcements:  
[seniorservices@forsythco.com](mailto:seniorservices@forsythco.com)  
 Follow us on Facebook:  
[facebook.com/forsythcountyseniorservices](https://facebook.com/forsythcountyseniorservices)

<p><b>TRIPS</b></p> <p><b>Baps Hindu Temple Tour*</b> Wednesday, June 3 9 a.m. - 3 p.m.</p> <p><b>Jaemor Farm/Tomato House Farm*</b> Wednesday, June 17 9 a.m. - 3 p.m.</p>
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THU	<p><b>Coffee with a Cop</b> June 4 12:15 - 1 p.m.</p>	<p><b>Understanding Alzheimer's Disease</b> June 11 12:15 - 1 p.m.</p>
	<p><b>Men's Health Matters</b> June 18 12:15 - 1 p.m.</p>	<p><b>The Headache Guide</b> June 25 12:15 - 1 p.m.</p>

**Membership Benefits**  
 Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$65 for individuals, \$45 for each additional household member.

<p><b>HIKES</b></p> <p><b>Dukes Creek Falls - Helen, GA*</b> Wednesday, June 10 8 a.m. - 4:30 p.m.</p>
<p>*See newsletter for pricing</p>

