

June

Sexton Hall Activity Calendar

2024

ART CLASSES & WORKSHOPS		FITNESS		CLUBS, CARDS & COMMUNITY	
MON	Clay & Glaze Intermediate/Skilled* May 6 - June 17, Noon - 3 p.m. Crafty Creations* June 10 - Fairy Gardens, 9:30 - 11 a.m.	MON	Fitness Foundations 8:45 - 9:30 a.m. Tai Chi 11:45 a.m. - 12:30 p.m.	MON	Bagel Boys 10:30 - noon Social Bridge Noon - 4 p.m. Golden Gals 1:15 - 2:15 p.m.
TUE	Embroidery Workshop May 28 - June 6, 1:30 - 3 p.m. Clay & Glaze Intermediate/Skilled* June 4 - 25, 9 a.m. - noon Paint & Sip - Summer Fireflies June 4, 5 - 7 p.m. Wrap-up Workday June 11 & 25, 2 - 3:30 p.m. Crafty Creations* June 18 - Burlap Garden Flag, 1:30 - 3 p.m.	TUE	Circuit Training 8:45 - 9:30 a.m. May 14 - June 18 5:15 - 6 p.m. Beginner Line Dancing* May 7 - June 25 1:30 - 2:30 p.m. Intermediate Line Dancing* May 7 - June 25 2:30 - 3:30 p.m.	TUE	Coffee with a Cop June 4 10:15 - 11 a.m. Mah Jongg Noon - 4 p.m. Walkie Talkies 1:30 - 2:30 p.m. Caring for a Family Member with Parkinson's June 11 1:30 - 2:30 p.m. Planning for Dementia Care June 4, 6:15 - 7 p.m.
WED	Paint & Sip - Summer Fireflies June 4, 5 - 7 p.m. Bisqueware Projects - Mystery Bisque* June 5, 1 - 3 p.m. Beginner Acrylic Painting* June 12 - 26, 1 - 3 p.m. Clay & Glaze Basics June 19, 9:30 - 10:30 a.m.	WED	Fitness Foundations 8:45 - 9:30 a.m. Intro to Seated Strength Training 9:45 - 10:30 a.m.	WED	Pinochle Noon - 4 p.m. Chat with the Director June 12, 2 - 2:45 p.m. Book Club June 19, 2:30 - 3:30 p.m. <i>The Women</i> , by Kristin Hannah
THU	Intermediate Acrylic Painting* May 16 - June 27, 10 a.m. - 1 p.m. Embroidery Workshop May 28 - June 6, 1:30 - 3 p.m.	THU	Flex & Balance 1:30 - 2:15 p.m.	THU	Common Grounds Social Club 10:30 a.m. - noon Canasta Noon - 4 p.m. Learning to Effectively Talk to Doctors June 13 1:30 - 2:30 p.m.
FRI	Intermediate Acrylic Painting* May 17 - June 28, 10 a.m. - 1 p.m.	FRI	Circuit Training 8:45 - 9:30 a.m.	FRI	Members Only - Open Building Noon - 4 p.m.



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LIFELONG LEARNING CLASSES

TRIPS & HIKES

SPECIAL EVENTS

MON

Garden & Nature Presentations
June 3, 10 - 11:30 a.m.
Summer Gardening

TRIPS

Historic Roswell Homes*
Wednesday, June 5
9 a.m. - 4 p.m.

Reach Out and Play - Intergenerational Game Evening
Tuesday, June 11
5 - 7 p.m.

Garden Tea & Treats
June 4, 1 - 3 p.m.

Brain Health & Aging
June 18, 6:15 - 7 p.m.

Flag Day Ceremony
Friday, June 14
10:15 - 11 a.m.

Messaging Apps
June 4
5:45 - 6:45 p.m.
June 11
10:15 - 11:45 a.m.

Introduction to A.I.
June 18
5:45 - 6:45 p.m.
June 25
10:15 - 11:45 a.m.

Buford Highway Farmers Market/ Krazy Deals*
Wednesday, June 19
9 a.m. - 3 p.m.

Patriotic Concert
Sunday, June 23
3 - 5 p.m.

Decades Dance & Timeless Trivia
Tuesday, June 25
Trivia: 5:15 - 6 p.m.
Dance: 6 - 8 p.m.

Brain Training 101
June 11, 6:15 - 7 p.m.

Safeguard Your Retirement Funds and Make Them Last
June 18
1:30 - 2:30 p.m.

HIKES

Hemlock Falls - Clarksville*
Wednesday, June 12
8 a.m. - 4 p.m.

IMPORTANT INFORMATION

KEY:



Hybrid Programs
Offered in-center and online

*See newsletter for pricing

TUE

Introduction to the Dulcimer
May 15 - June 19, 10:30 a.m. - noon

Lunch & Learn Conversations: Scouting for Pests in the Garden
June 26, 12:30 - 2 p.m.

Dukes Creek - Helen*
Wednesday, June 26
8 a.m. - 4 p.m.

Membership Benefits

Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$60 for individuals, \$40 for each additional household member. That breaks down to only \$5 a month or less for tons of fun!

WED

Staying Safe Online
June 13
10:15 - 11:45 a.m.

Men's Health: Understanding Prostate Cancer Risks
June 20, 1:30 - 2:15 p.m.

Get to Know Forsyth - Buford Hatchery Tour*
Thursday, June 13
10 - 11 a.m.
Meet at Buford Hatchery

Shopping on Amazon
June 27, 10:15 - 11:45 a.m.

