

March

Sexton Hall Activity Calendar

2026

ART CLASSES & WORKSHOPS

FITNESS

CLUBS & CARDS

MON	<p>Clay & Glaze Intermediate/Skilled* Feb 23 - Mar 23 Noon - 3 p.m.</p>	<p>Crafty Creations - Marbled Tin Can Luminary March 9 9:30 - 11 a.m.</p>	<p>Bisqueware Projects - Clay-ful Fungi* March 30 10 a.m. - noon</p>	MON	<p>Fitness Foundations 8:45 - 9:30 a.m.</p>		MON	<p>Bagel Boys 10:30 - noon</p>
	<p>Clay & Glaze Intermediate/Skilled* Feb 24 - Mar 24 9 a.m. - noon</p>	<p>Clay Wrap-up Workdays March 24 Noon - 1:30 p.m.</p>	<p>Circuit Training 8:45 - 9:30 a.m.</p>		<p>Beginner Line Dancing* Feb 17 - Mar 24 1:30 - 2:30 p.m.</p>	<p>Social Bridge Noon - 4 p.m.</p>		
TUE	<p>Crafty Creations - Spring Floral Wall Hanger March 17 1:30 - 3 p.m.</p>	<p>Clay & Glaze Basics March 31 1 - 2 p.m.</p>	<p>Intro to Line Steps* Feb 17 - Mar 24 12:45 - 1:30 p.m.</p>	TUE	<p>Intermediate Line Dancing* Feb 17 - Mar 24 2:30 - 3:30 p.m.</p>		TUE	<p>Golden Gals 1 - 2 p.m.</p>
	<p>Clay & Glaze Intermediate/Skilled* Mar 4 - Apr 1 - NEW DATE! 10 a.m. - 1 p.m.</p>	<p>Bisqueware Projects - Pick Three* March 4 1:30 - 3:30 p.m.</p>	<p>Clay Wrap-up Workdays March 11 1 - 2:30 p.m.</p>		<p>Fitness Foundations 8:45 - 9:30 a.m. (No class March 11)</p>	<p>Seated Strength Training 9:45 - 10:30 a.m. (No class March 11)</p>		<p>Mah Jongg Noon - 4 p.m.</p>
THU	<p>Come and Go Art March 5 & 19 10:30 - 11:30 a.m.</p>	<p>Intermediate Acrylics - Echoes of Spring* Feb 19 - Mar 26 10 a.m. - 1 p.m.</p>	<p>Flex & Balance 8:45 - 9:30 a.m.</p>	THU	<p>Intro to Drumming Mar 12 & 26 10:45 - 11:15 a.m.</p>	<p>Flex & Balance 1:45 - 2:30 p.m.</p>	THU	<p>Book Club March 18 2:30 - 3:30 p.m.</p>
	<p>Intermediate Acrylics - Echoes of Spring* Feb 20 - Mar 27 10 a.m. - 1 p.m.</p>	<p>Power Fit 8:45 - 9:30 a.m.</p>	<p>Common Grounds 10 - 11:30 a.m.</p>		<p>Canasta Noon - 4 p.m. (No game March 26)</p>			
FRI				FRI			FRI	<p>Members Only - Open Building Noon - 4 p.m.</p>



LIFELONG LEARNING CLASSES

COMMUNITY & GARDEN

SPECIAL EVENTS

MON

MON

Cochlear Implants
March 16
12:15 - 1 p.m.

**Self-Awareness,
Self-Defense - Part 1**
March 9
10 - 11 a.m.

Bats & Pollinators
Monday, March 2
10 - 11:30 a.m.

**Sounds of Sawnee
Concert Band Presents:
Celtic Concert**
Sunday
March 8
3 - 5 p.m.

**Bunny Hop
Bingo**
Wednesday
March 25
1 - 3 p.m.

**Self-Awareness,
Self-Defense -
Part 2**
March 30
10 - 11 a.m.

**Ciao Italia! A Fun
Start to Italian with
Antonella - Level 2**
March 30 - May 4
11:30 a.m - 12:30 p.m.

**Meet the
Musician**
March 30
2:15 - 3 p.m.

STAY IN THE KNOW

Visit our website:
www.forsythco.com/seniors

Request the weekly
email announcements:
seniorservices@forsythco.com

Follow us on Facebook:
facebook.com/forsythcountyseniorservices

TRIPS

Georgia Capitol Tour*
Wednesday,
March 4
9:15 a.m. - 3 p.m.

**Come From Away -
City Springs
Theater***
Saturday,
March 28
Noon - 5:30 p.m.

TUE

**Intro to the
Dulcimer**
Jan 13 - Mar 31
10 - 11:30 a.m.

**Using Voice
Assistants**
March 3
10 - 11:15 a.m.

**Tech: Monthly
Q & A**
March 3
Noon - 12:30 p.m.

**Key to Healthy
Kidneys**
March 10
12:15 - 1 p.m.

**Intro to Booking
Vacation Stays
Online**
March 17
10 - 11:15 a.m.

**Intro to
Digital Wallets**
March 24
10 - 11:15 a.m.

SAVE THE DATE!

22ND ANNUAL
Forsyth County Senior Services
Aging Well Expo
Thursday, April 23 • 10 a.m. - 2 p.m.
Forsyth County Conference Center
at Lanier Tech

HIKES

Qualifying Hike
Monday, March 2
Noon - 2 p.m.

**Vickery Creek -
Roswell**
Wednesday, March 11
8 a.m. - 4 p.m.

WED

**Medicare Fraud
Awareness**
March 11
10:30 - 11:30 a.m.

**10 Warning Signs
of Alzheimer's**
March 18
11 a.m. - noon

OUTDOOR ADVENTURE

Tree Climbing*
Friday, March 6 • 1 - 3 p.m.
Meet at Sawnee Mountain Preserve
Visitor Center
4075 Spot Road • Cumming, GA 30041

THU

Nutrition & You
March 12
12:15 - 1 p.m.

**Intro to Booking
Vacation Stays Online**
March 19
1 - 2:15 p.m.

Membership Benefits
Annual Membership includes access
to our two locations, each providing
unique programming.
Annual membership is \$65 for individuals,
\$45 for each additional household member.

*See newsletter for pricing

