

	ART CLASSES & WORKSHOPS	FITNESS	DAILY CLUBS, CARDS & GAMES
MON	<p>Members Only Art 9:30 - 11 a.m.</p> <p>Members Only Art 1:30 - 3 p.m.</p>	<p>Wii Sports 8:45 - 9:45 a.m.</p> <p>Seated Strength Training 10:30 - 11:15 a.m.</p>	<p>Page Turners June 8 Noon - 1 p.m.</p>
TUE	<p>Beyond the Surface - Part 2* June 2 1:30 - 3:30 p.m.</p> <p>Manatee Mosaic* June 16 1:30 - 3:30 p.m.</p>	<p>Mat Yoga* May 18 - June 22 Noon - 12:45 p.m.</p> <p>Line Dancing* April 20 - June 1 June 15 - July 20 1:15 - 2:15 p.m.</p> <p>Drumming 101 June 1 & 15, 9:30 - 10:15 a.m.</p>	<p>Mah Jongg 12:30 - 4 p.m.</p> <p>Mexican Train 12:30 - 4 p.m.</p>
	<p>Crystal Clarity* June 9 1:30 - 3:30 p.m.</p> <p>Aquarium on a Canvas* June 23 1:30 - 3:30 p.m.</p>	<p>Full Body Fitness 9 - 9:45 a.m.</p> <p>Wii Sports 8:45 - 9:45 a.m.</p> <p>Stretch & Flex 1:15 - 2 p.m.</p>	<p>Ping Pong 10 a.m. - 11:30 p.m.</p> <p>Canasta 12:30 - 4 p.m.</p> <p>RummiKub 12:30 - 4 p.m.</p>
WED	<p>Watch and Waves* June 30 1:30 - 3:30 p.m.</p>	<p>Flex & Balance 9 - 9:45 a.m.</p> <p>Chair Yoga* May 20 - June 24 10:30 - 11:15 a.m.</p>	<p>Advanced Bridge 12:30 - 4 p.m.</p> <p>Bingo 10 - 11 a.m. (No Bingo June 24)</p> <p>Mexican Train 12:30 - 4 p.m.</p>
WED	<p>Pan Pastels* June 17 9:30 - 11:30 a.m.</p> <p>Watercolor Wednesdays 1:30 - 3:30 p.m.</p>	<p>Circuit Training 9 - 9:45 a.m.</p>	<p>Biscuit Boyz 8:30 - 10 a.m.</p> <p>Ping Pong 10 a.m. - 11:30 p.m.</p>
THU	<p>Members Only Art 9:30 - 11 a.m.</p>	<p>Stretch & Flex 8:15 - 8:45 a.m.</p>	<p>Sassy Ladies 12 - 1 p.m.</p> <p>RummiKub 12:30 - 4 p.m.</p>
FRI	<p>Pour Painting* June 12, 9:30 - 11:30 a.m.</p>		<p>Needle Craft & Sewing Club 1:30 - 3:30 p.m.</p>
FRI			<p>Java Gents 8:30 - 10 a.m.</p> <p>Canasta 12:30 - 4 p.m.</p>
			<p>Open Games 12:30 - 4 p.m.</p> <p>Ping Pong 1 - 3 p.m.</p>



LIFELONG LEARNING CLASSES

MON	Understanding Alzheimer's Disease June 1 10:15 - 11 a.m.	A Matter of Balance June 1 - July 20 1 - 3 p.m.	Estate Planning June 8 10:15 - 11 a.m.	How Blood Pressure Impacts the Body June 29 10:15 - 11 a.m.
	Butterflies & Honeybees June 9 10:15 - 11 a.m.	Watching Videos on YouTube June 9 1:30 - 2:45 p.m.	The Headache Guide June 16 10:15 - 11 a.m.	
TUE	Digital Tools for Brain Health June 23 1:30 - 2:45 p.m.	Men's Health Matters June 23 10:15 - 11 a.m.	Funeral Pre-Planning June 30 10:15 - 11 a.m.	
	Coffee with a Cop June 24 10 - 10:45 a.m.			
THU	TED Talks: Having Fun June 4 10 - 11 a.m.	Tech: Monthly Q & A June 4 1:30 - 2 p.m.	True Crime Thursday June 11 10:15 - 11:15 a.m.	
	Outdoor Adventure Apps June 18 1:30 - 2:45 p.m.	TED Talks: Why I Attempt the World's Most Dangerous Stunts June 25 10 - 11 a.m.		
FRI	Matinee Marvels Friday, June 12 • 9:15 - 11:15 a.m.			

STAY IN THE KNOW

Visit our website:
www.forsythco.com/seniors

Request the weekly email announcements:
seniorservices@forsythco.com

Follow us on Facebook:
facebook.com/forsythcountyseniorservices

SPECIAL EVENTS

Jackpot Bingo Friday, June 5 1 - 3 p.m.
Strawberry & Sunshine Social Friday, June 19 1 - 3 p.m.
All-Star Friday Friday, June 26 9:15 - 11:15 a.m.

TRIPS

Baps Hindu Temple Tour* Wednesday, June 3 9 a.m. - 3 p.m.
Jaemor Farm/ Tomato House Farm* Wednesday, June 17 9 a.m. - 3 p.m.

HIKES

Dukes Creek Falls - Helen, GA Wednesday, June 10 8 a.m. - 4:30 p.m.
--

*See newsletter for pricing

Membership Benefits

Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$65 for individuals, \$45 for each additional household member.

The CP Counter

High quality coffee, tea, water and lite bites available. Open weekdays 8:30 - 10:30 a.m. and 2 - 3 p.m. \$1 per item - CASH only

