

March

Charles Place Adult Activity Calendar

2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BRAIN GAMES

Table Games: Monday - Thursday, 9:15 - 11:15 a.m.

Open Game Time: Monday - Friday, 12:30 - 4 p.m.

FITNESS

Get Fit
9:30 - 10:15 a.m.

FABS
9:30 - 10:15 a.m.

Flex & Balance
9:30 - 10:15 a.m.

Get Fit
9:30 - 10:15 a.m.

Chair Exercise
10:30 - 11:15 a.m.



Line Dancing - Fees
March 11 - April 29
1:30 - 2:30 p.m.

Most activities are free with a center membership, \$60 per year.
Lunch reservations due by Tuesday AM for the following week.
Lunch donations are appreciated - \$4.75 per meal.

SPECIAL EVENTS

Shamrock Shakedown

Friday, March 15
10 - 11:30 a.m.
Held at Sexton Hall



ART

Morning Art: Monday - Thursday, 9:30 - 11 a.m.

Members Only Art
1:30 - 3 p.m.

Specialty Art - Fees
1:30 - 3:30 p.m.

Watercolor Wednesdays
1:30 - 3 p.m.



TECHNOLOGY

Tech Tutoring & Fun
10:30 - 11:15 a.m.

Tech Tutoring & Fun
10:30 - 11:15 a.m.

SENIOR PLANET: Tech Classes from AARP
Gmail Tips & Tricks Friday, March 8
10:30 - 11:45 a.m.
Streaming & Smart TVs Friday, March 22
10:30 - 11:45 a.m.



Charles Place | 595 Dahlonega Street | Cumming, Georgia 30040
Forsyth County Senior Services | (770) 781-2178 | www.forsythco.com/seniors

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GAME GROUPS FOR MEMBERS				
Mah Jongg 12:30 - 4 p.m.	Canasta 12:30 - 4 p.m.	Advanced Bridge 12:30 - 4 p.m.	Bridge 12:30 - 4 p.m.	Open Game 12:30 - 4 p.m.
Mexican Train 12:30 - 4 p.m.	RummiKub 12:30 - 4 p.m.	Mexican Train 12:30 - 4 p.m.	RummiKub 12:30 - 4 p.m.	Mexican Train 12:30 - 4 p.m.
PROGRAMS & EVENTS		GROUPS & ACTIVITIES		
<p>Chat with the Director Monday, March 4 or Tuesday, March 5 10:30 - 11:15 a.m.</p> <p>Tips to Survive the Drive Monday, March 11 10:30 - 11:15 a.m.</p> <p>Extraordinary Women in History Tuesday, March 12 10:30 - 11:15 a.m.</p>	<p>Beyond the Table - Food Demonstration Monday, March 25 or Tuesday, March 26 10:15 - 11:15 a.m.</p> <p>Bank Scams & Frauds Monday, March 18 or Tuesday, March 19 10:30 - 11:15 a.m.</p> <p>Healthy Living for your Brain & Body Friday, March 29 9:30 - 10:30 a.m.</p>	<p>Bingo 10:30 - 11:15 a.m.</p>	<p>Biscuit Boyz 8:30 - 10:30 a.m.</p>	<p>Java Gents 8:30 - 10 a.m.</p>
		<p>SAVE THE DATE! 20TH ANNUAL Forsyth County Senior Services Aging Well Expo Thursday, April 18 Forsyth County Conference Center at Lanier Tech</p>	<p>Bingo 10:30 - 11:15 a.m.</p>	<p>Games, movies & sing-a-longs 9:15 a.m. - 12:15 p.m.</p>
			<p>A New Chapter - Book Club March 21 12:30 - 1:30 p.m. <i>Then She was Gone</i>, by Lisa Jewell</p>	<p>Reel Film Fans - Movie Club March 8 12:30 - 1:30 p.m.</p>
			<p>Needle Craft Club 1:30 - 3 p.m.</p>	



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