



FORSYTHCOUNTY
Department of Communications
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FOR IMMEDIATE RELEASE

IMPROVE YOUR SKILLS
BY PARTICIPATING IN A SPORTS CAMP

Forsyth County Parks and Recreation offering camps for several sports

FORSYTHCOUNTY, Georgia – Warmer weather is the perfect time to improve your skills for your favorite sport. The Forsyth County Parks and Recreation Department is offering several sports camps this spring and summer for young athletes.

Baseball

Baseball camps are being offered in different locations throughout the summer to assist players ages 5-15 in improving their skills. Camp topics include basic skills teaching fundamentals and advanced camp for experienced players. Camps will be located at Forsyth County Central Park, Coal Mountain Park, Lambert High School and South Forsyth High School.

Basketball

Basketball players ages 7-15 will want to participate in upcoming camps designed to sharpen the skills required to excel on the court. Camps will focus on different aspects of the game including basic skills, ball handling, offensive skill development, shooting skills and more. Camps are being held for boys and girls throughout the month of June at Coal Mountain Park, Central Park, North Forsyth High School, Lambert High School and South Forsyth High School.

Cheerleading

Those interested in cheerleading can sign up for upcoming camps at Lambert High School and South Forsyth High School scheduled for June and July. Camps will focus on basic skills, techniques and routines for ages 4-12.

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Fast-Pitch Softball

Fast-pitch softball players ages 7-14 will have the chance to improve their basic skills on the field by attending camps at Central Park and North Forsyth High School in June.

Football

It is never too early to start working on football skills. Athletes between the ages of 5-14 will have the option of participating in camps in May, June and July at North Forsyth High School, Lambert High School and South Forsyth High School.

Golf

Looking to improve your golf game before you venture out on the course? Several golf camps are being offered to instruct golfers on basic fundamentals. The classes are being offered for golfers starting at age 6, and will be taking place throughout the months of June and July at Hampton Golf Course.

Lacrosse

Lacrosse players between the ages of 7-18 desiring to take their game to the next level will have options throughout the months of June and July in Forsyth County. Camps focusing on basic skills are scheduled for West Forsyth High School, Lambert High School and the turf field at Sharon Springs Park.

Speed and Agility

If you feel the need for speed, consider participating in one of the speed and agility camps offered in Forsyth County this summer. Girls and boys ages 5-15 can find a camp for their busy summer schedules in May, June and July. Camp locations include Bennett Park, Vickery Creek Middle School, North Forsyth High School, Lambert High School and West Forsyth High School.

Volleyball

From beginning volleyball players to those with experience, all players will find a volleyball camp suited for their skill level this summer in Forsyth County. Volleyball players ages 7-18 will be able to choose from camps in June and July at North Forsyth High School, Lambert High School and West Forsyth High School.

Wrestling

Wrestlers ages 5-18 have summer camps available to help improve those skills before competing in their next tournament. Camps scheduled for June will be taking place at Forsyth Central High School, Lambert High School and South Forsyth High School.

An “All Sports” All-Star Camp (*Activity # 311702-A*) will be held for ages 4-8 Monday, June 13 through Thursday, June 16.

Details on camps can be found in the Parks and Recreation Departments’ Activity Guide, available online at www.forsythco.com. For more information on any of the upcoming camps, contact James Parks at 770.781.2215 or jparks@forsythco.com.

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