



FORSYTHCOUNTY
Department of Communications
Release 000290
March 16, 2009

Contact: Jodi B. Gardner
Director of Communications
770.886.2802
JBGardner@forsythco.com

FOR IMMEDIATE RELEASE

OPEN HOUSE AT HEARTHSTONE LODGE
TO SPOTLIGHT NEW FITNESS EQUIPMENT

Community invited to attend

FORSYTHCOUNTY, Georgia – Forsyth County Senior Services Department invites residents to attend an open house at the Hearthstone Lodge Community Center on Tuesday, March 31 from 11 a.m. to 1 p.m. The Hearthstone Lodge is a community center for active adults age 50 and up which opened in December 2007.

The event is designed to familiarize those who have not yet visited the facility with the center's many offerings, as well as to showcase the center's new fitness equipment.

"The Hearthstone Lodge has been open now for just over one year," Senior Services Director Shelley Johnson said. "We would like to invite those who have not yet had an opportunity to visit the center to come check it out and see all that it has to offer active adults. Those who already know the facility are encouraged to come see the brand new fitness equipment."

The new fitness equipment is designed specifically with seniors in mind, making it more user-friendly. The equipment was provided by AgeWell Forsyth, a non-profit organization focused on engaging, inspiring and empowering Forsyth County's mature adults to live actively and age well, and comes at no cost to taxpayers.

"We are very appreciative of this great new equipment provided by AgeWell," Johnson said. "It really adds to the already wonderful facility we have here."

The Hearthstone Lodge is located at 7305 Lanier Drive in Cumming. To receive additional information regarding the open house, call 770.781.2178.

###