



**FORSYTHCOUNTY**  
Department of Communications  
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**FOR IMMEDIATE RELEASE**

**FORSYTH COUNTY RECEIVES HEALTH PROMOTION AND WELLNESS GRANT FOR THIRD CONSECUTIVE YEAR**

*Grant enables county to offer employee wellness program*

**FORSYTHCOUNTY, Georgia** – Forsyth County government will be able to continue working to enhance the health and wellness of county employees, thanks to receipt of a grant from the Association County Commissioners of Georgia (ACCG). ACCG has awarded Forsyth County a Health Promotion and Wellness Incentive Grant in the amount of \$3,500. This is the third consecutive year Forsyth County has received the grant, which is used to provide educational resources promoting the health and wellness of county employees and their family members.

Forsyth County was one of 39 Georgia counties to receive the ACCG - Group Health Benefits Program Health Promotion Grant.

Forsyth County's Benefit Specialist Beth Connors serves as the health promotion leader for the county. She works with an employee wellness committee to develop and implement employee wellness programs and events for the county utilizing grant funding. Since initial receipt of this grant in 2007, Forsyth County has offered a variety of health-related events and programs to county employees, including health risk assessments, a 'Start with the Heart' seminar, a 'Bon Appetit Day – Eating the Healthy Way' event, and most recently a health fair put on by Northside Hospital-Forsyth Community Health Solutions.

Wellness programs in work places boost positive records of improving employee health while reducing medical claims.

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