



**FORSYTHCOUNTY**  
Department of Communications  
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**FOR IMMEDIATE RELEASE**

**A NEW YEAR, A NEW ADVENTURE**

*Outdoor Division to host programs at Sawnee Mountain Preserve*

**FORSYTHCOUNTY, Georgia** – Start your new year by having an outdoor adventure at Sawnee Mountain Preserve (SMP). In January and February, the Forsyth County Parks and Recreation’s Outdoor Division will host programs for exploring and learning about the outdoors.

**Women’s Fitness Hiking**

*Activity 161920-A:* January 5 through February 9, Tuesdays, 9:30 to 11 a.m., \$60 for county residents and \$72 for non-county residents

Hike Sawnee Mountain Preserve and keep your New Year’s resolution to stay fit. Each hike will start at the SMP Visitor Center and last approximately 1 to 1.5 hours. Dress for the weather and wear sturdy sneakers or boots. Bring water.

**Preschool Explorers at the SMP Visitor Center**

*Activity 162320-A:* January 6 through February 10, Wednesdays, 10 to 11 a.m.\*

*Activity 162320-B:* January 6 through February 10, Wednesdays, 1 to 2 p.m.\*

*Activity 162320-C:* January 7 through February 11, Thursdays, 10 to 11 a.m.\*

*Activity 162320-D:* January 7 through February 11, Thursdays, 1 to 2 p.m.\*

\*The cost is \$50 for county residents and \$60 for non-county residents.

Children ages 3 to 5, along with a parent or caregiver, will enjoy a unique sharing and learning experience with stories, crafts and exploring at the SMP Visitor Center. Each week will feature a new topic.

**Early Release School Day Mountain Hike**

*Activity 168120-A:* January 27, 2 to 4 p.m., \$6 for county residents and \$7.20 for non-county residents, SMP Visitor Center

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Children ages 6 and up will spend an afternoon away from television and video games to explore Sawnee Mountain.

**Home School Afternoon: Animal Signs and Sounds**

*Activity 168320-A:* January 21, 3 to 4:30 p.m., \$6 for county residents and \$7.20 for non-county residents, SMP Visitor Center

Trained naturalists will teach this class for area home school students ages 5 and up.

The SMP Visitor Center is located at 4075 Spot Road in Cumming. Pre-registration is required for all programs. An activity registration form can be found on the Parks and Recreation Department page at [www.forsythco.com](http://www.forsythco.com). Online registration is also available. To receive additional program information, call the Outdoor Division at 770.781.2217.

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