


SEPTEMBER 2010 CENTER ACTIVITIES CALENDAR

Monday		Tuesday		Wednesday		Thursday		Friday	
time	6	time	7	time	8	time	9	time	10
	 CLOSED FOR LABOR DAY			6:00a-6:00p	Providence Canyon	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim
		7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-8:00	Boot Camp	8:00-8:30	HSL Striders
		8:00-8:30	HSL Striders	8:30-10:00	Open swim	8:30-10:00	Biscuit Boyz	1:30-4:00	Open Swim
		1:30-4:00	Open swim	9:00-10:00	Swim Lessons	10:00-12:00	Open Swim	4:30-5:45	Lap Swim
		4:30-5:45	Lap Swim	10:30-4:30	Bridge				
7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim
8:00-8:30	HSL Striders	9:30-12:00	Open swim	8:00-8:30	HSL Striders	8:30-10:00	Biscuit Boyz	8:00-8:30	HSL Striders
1:30-4:00	Open Swim	11:30-12:30	Bocce Ball	1:30-4:00	Open swim	9:30-11:30	Ramblin' Readers	1:30-4:00	Open Swim
2:15-5:00	Mah Jong Tiles	1:00-4:15	Canasta	4:30-5:45	Lap Swim	10:00-12:00	Open Swim	4:30-5:45	Lap Swim
4:30-5:45	Lap Swim	2:15-3:00	Swim Meet Practice			10:30-4:30	Bridge		
September 13-17 - NO CLASSES									
time	20	time	21	time	22	time	23	time	24
Active Aging Week									
7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim
8:00-8:30	HSL Striders	9:00 - 12:30	Swim Meet	8:00-8:30	HSL Striders	8:30-10:00	Biscuit Boyz	8:00-8:30	HSL Striders
1:30-4:00	Open Swim	11:30-12:30	Bocce Ball	1:30-4:00	Open swim	10:00-12:00	Open Swim	1:30-4:00	Open Swim
12:15-5:00	Mah Jong Tiles trip	1:00-4:15	Canasta	4:30-5:45	Lap Swim	10:30-4:30	Bridge	4:30-5:45	Lap Swim
4:30-5:45	Lap Swim			9:00 - 12:00	Hiking Event				
September 20-24 - NO CLASSES									
time	27	time	28	time	29	time	30		
7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim	7:00-9:00	Lap Swim		
8:00-8:30	HSL Striders	7:00-8:00	Boot Camp	8:00-8:30	HSL Striders	7:00-8:00	Boot camp		
1:30-4:00	Open Swim	8:00-4:00	Hiking Bus	1:30-4:00	Open swim	8:30-10:00	Biscuit Boyz		
2:15-5:00	Mah Jong Tiles	9:30-12:00	Open swim	4:30-5:45	Lap Swim	9:00-10:00	Swim Lessons		
4:30-5:45	Lap Swim	11:30-12:30	Bocce Ball			10:00-12:00	Open Swim		
		1:00-4:15	Canasta			10:30-4:30	Bridge		
Hearthstone Lodge Community Center, 7305 Lanier Drive, Cumming, GA 30041 (770) 781-2178									

SEPTEMBER 2010 AQUATIC CLASS SCHEDULE

Monday		Tuesday		Wednesday		Thursday		Friday					
				1		2		3					
On the Road AgainOct. - Jae Mor & Chateau Elan Nov. - Reynolds Plantation Dec. - Magical Night of Lights at Lanier Islands Jan. 2011 - "West Side Story" at the Fox Theater				time		time		time		time			
				9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer	9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer	9:00-10:00	H2O Aerobics
				10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu	10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu	10:30-11:30	H2O Aerobics 2
				12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics	12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics	12:00-12:45	H2O Exercise
						5:30-6:30							
time	6	time	7	time	8	time	9	time	10				
9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer	9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer	9:00-10:00	H2O Aerobics				
10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu	10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu	10:30-11:30	H2O Aerobics 2				
12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics	12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics	12:00-12:45	H2O Exercise				
		5:30-6:30				5:30-6:30							
time	13	time	14	time	15	time	16	time	17				
September 13-17 - NO CLASSES													
time	20	time	21	time	22	time	23	time	24				
Active Aging Week													
12:15-5:00	Mah Jong tiles trip	9:00:00 AM-???	Swim Meet	9:00-12:30	Special Hike Day								
September 20-24 - NO CLASSES													
time	27	time	28	time	29	time	30	Aquatic & Land Class Registration Deadline September 03, 2010 for session starting September 27, 2010 \$10 Late Fee will apply After September 3rdth 2010					
9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer	9:00-10:00	H2O Aerobics	12:00-1:00	Aquatic Trainer						
10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu	10:30-11:30	H2O Aerobics 2	1:00-2:00	H2O ReNu						
12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics	12:00-12:45	H2O Exercise	4:30-5:30	Water Aerobics						
		5:30-6:30				5:30-6:30							
Hearthstone Huddle..... What's Next?													

!!! Remember to register EARLY for session starting on September 3rd to avoid \$10.00 LATE FEE !!!