



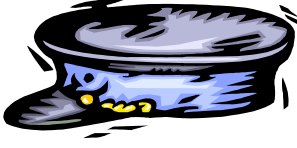


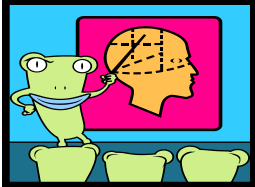



August



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00- Floor Exercise 9:30- Walking 10:00- Presentation on Long Term Healthcare w/ Eileen Paul 10:45- Chair Exercise 12:15- Bingo	3 9:30- Men In Black at Rusty Rooster Fee- \$1.00 9:30- Walking 10:45- Chair Exercise 12:30- Bingo 	4 9:00- Floor Exercise 9:30- Walking 10:00- Line Dancing 12:30- Sponsored Bingo	5 9:30- Walking 9:30- Wii Bowling 10:45- Chair Exercise 12:30- Bingo	6 9:00- Floor Exercise 9:30- Breakfast For The Brain 10:45- Chair Exercise 12:00- Entertainment by Ron Massingill 
9 9:00- Floor Exercise 9:30- Walking 10:45- Chair Exercise 12:15- Bingo	10 9:30- Ceramics @ Alpharetta Senior Center Fee- \$2.00 9:30- Walking 10:00- Presentation w/ Lisa Howard from Legacy Link 10:45- Chair Exercise 12:30- Sponsored Bingo 	11 9:00- Floor Exercise 9:30- Walking 10:00- Line Dancing 12:30- Bingo	12 9:30- Walking 9:30- Wii Bowling 10:00- Arts w/ Anne Marie 10:00- Farmers Market 10:45- Chair w/ Meghan 12:30- Bingo	13 9:00- Floor Exercise 9:00- Site Council 9:30- Cake Walk w/ Horizons Christian Academy 10:45- Chair Exercise
16 9:00- Floor Exercise 9:30- Walking 10:45- Chair Exercise 12:15- Bingo	17 10:30- Burgers & Bingo with McDonald & Son 	18 9:00- Floor Exercise 9:30- SALT 12:30- Bingo 	19 9:30- Walking 9:30- Wii Bowling 10:00- Book Club 10:45- Chair Exercise 12:30- Bingo	20 9:00- Floor Exercise 9:30- Bowling Fee- \$6.00. Includes 2 games and shoe rental. 10:45- Chair Exercise 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 9:00- Floor Exercise 9:30- Walking 10:00- Pet Therapy 10:45- Chair Exercise 12:15- Bingo 	24 9:00- Blood Pressure 9:30- Walking 10:45- Chair Exercise 12:00- Birthdays Celebration 12:30- Bingo	25 9:00- Floor Exercise 9:30- Walking 9:30- Shopping @ The Avenues 10:00- Line Dancing 10:45- Chair Exercise 12:30- Bingo	26 9:30- Walking 9:30- Wii Bowling 10:00- Arts w/ Anne Marie 10:45- Chair Exercise 12:30- Bingo	27 9:00- Floor Exercise 9:30- Breakfast For The Brain 10:45- Chair Exercise 
30 9:00- Floor Exercise 9:30- Walking 10:45- Chair Exercise 12:15- Bingo	31 9:30- Walking 10:45- Chair Exercise 12:00- Bingo & Ice Cream Social 	<p>Upcoming Trips-</p> <p>Biltmore- December 7th-8th 2010. \$285.00 includes hotel, lunch at the Grove Park Inn & Deer Park Restaurant, motor coach transportation, admission to the Biltmore Estate, and much more.</p> <p>St. Augustine & Amelia Island- January 17th-20th, 2011. \$379.00 Includes hotel, motor coach transportation, cruise on the St. Johns River and much more.</p> <p>New Orleans- May 16th-20th, 2011 \$499.00 Includes hotel, motor coach transportation, a river boat cruise, tour of plantation & New Orleans and much more.</p>		
<p>Lunch served everyday at 11:30 am.</p> <p>8:00am -4:00pm Table Games 8:00am -4:00pm Exercise Equipment</p> <p>Computer Classes- Various times. Call Sonya Camarillo for details at 770-781-2178.</p> <p>Alzheimer's Respite Care- Monday – Friday. If interested please contact Laura Bagwell or May Johnston at 770-781-2178</p> <p>Caregiver Support Group- 1st & 3rd Wednesday of each month, 11:30-1:00 you are welcome to bring your own lunch. Please RSVP to May Johnston at 770-781-2178.</p> <p>Bingo- Monday- 12:15 Tuesday, Wednesday, & Thursday- 12:30</p>				